

Newsletter

26th June 2025 | Volume 09



nathaliasecondarycollege



nathaliasecondary



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Nathalia Secondary College

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We value: **C**aring, **L**earning, **E**xcellence, **A**ccountability & **R**espect



A message from our Principal, *Daniel Robinson*

Hello Nathalia Secondary College School Community, As we reach the end of Semester 1, I would like to take this opportunity to reflect on what has been a busy, productive, and rewarding term at Nathalia Secondary College.

Our Year 7 and Year 9 students recently returned from their camps at the Rubicon Outdoor Education Centre, where they embraced the challenges of the great outdoors with enthusiasm and resilience. These camps are not only a fantastic way for students to step out of their comfort zones, but they also build independence, teamwork, and a deeper connection with peers and staff. A huge thank you to the staff who attended and supported our students throughout the experience.

Our Year 10 students have also had an enriching couple of weeks participating in Work Experience, gaining valuable insights into a range of industries and career pathways. It's wonderful to see our students developing their workplace skills and confidence, and we thank all the local businesses and organisations who hosted our students during this time.

Year 11 students recently completed their semester exams, demonstrating focus and commitment to their studies. Similarly, our senior students undertaking Unit 3/4 subjects sat the General Achievement Test (GAT) earlier this month. These assessments are important milestones and we're proud of the way our students approached them.

Our Year 9 students have also been participating in Morrisby interviews as part of their career's education journey. These sessions have allowed students to reflect on their skills, interests and potential future pathways, and are a valuable part of helping them make informed decisions in the years ahead.

As we close the books on Semester 1, I would like to thank our students, staff, and families for their ongoing commitment and support. It's been a fantastic first half of the year, and we look forward to continuing this momentum into Term 3.

Wishing everyone a safe, restful, and enjoyable term break, and I look forward to seeing everyone refreshed and ready for another exciting term ahead.

Parent Bulletin

PARENT PAYMENT ARRANGEMENT FOR 2025

Information regarding the 2025 Parent Payments has been forwarded to all families. The total amount per student for 2025 is \$250.

Payments can be made in the following ways:

- **BPay.** Please contact the office for your unique BPay code.
- **In Person.** Payments can be made at the Office between 8.30am and 4.00pm, Monday to Friday. EFTPOS (credit and debit cards) or cash are accepted (please note, we cannot accept American Express).

If you would like to make regular weekly, fortnightly or monthly payments, individual payment plans can be arranged.

Please contact the Office if you have any questions regarding these arrangements.

SCHOOL SAVING BONUS (SSB)

The Victorian Government is delivering the School Saving Bonus (SSB) – a one-off support of \$400 for eligible government school students from Prep to Year 12 in 2025.

The SSB can be used for uniforms and

textbooks until Monday 30 June 2025.

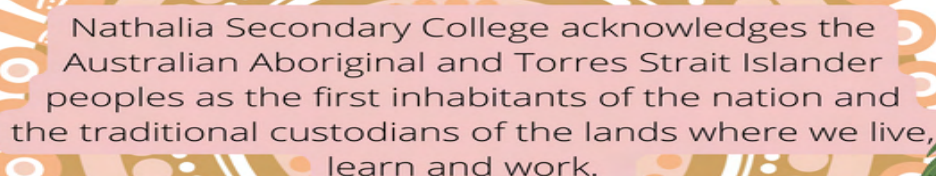
Any funds remaining after 30 June 2025, including online voucher amounts that have not been redeemed, will become a credit to use on school activities.

However, the credit will not be available on your family account at our school until late July. To use any remaining SSB funds to cover the cost of school activities in July, please refer to the SSB online system and allocate the funds to school activities before 30 June 2025. To learn more about the SSB online system, download the step-by-step [System guide for parents and carers](#) or watch this [School Saving Bonus video](#). System guide translations are also available in 14 languages.

The Department of Education's SSB contact centre will remain available until 30 June 2025. The contact centre can be reached by:

- completing the School Saving Bonus enquiry form
- calling 1800 338 663, between 8:30 am and 4:30pm on weekdays.

After this date, please contact our administration team for any SSB related questions.



Nathalia Secondary College acknowledges the Australian Aboriginal and Torres Strait Islander peoples as the first inhabitants of the nation and the traditional custodians of the lands where we live, learn and work.

In the classroom

CUBBY HOUSES

NSC currently has two cubby huts for sale, built by the V.E.T Building & Construction – Pre-Apprenticeship students. Both cubbies are insulated and fully lined with plaster throughout, as well as featuring a corrugated iron roof, weatherboards and merbau decking. These cubby huts are very sturdy and will last a long time. They are both ready for you to paint them in your favourite colors. Any interested parties are asked to contact Mr Robinson or Aaron Dove at the school for details.



Senior Pathways Information Evening



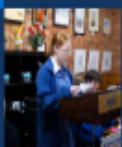
Wednesday 30th July, 2025



5:30pm - 7:30pm



St Mary of The Angels College



Around the grounds

YEAR 7 & 9 RUBICON CAMP—MS SCHOLS

We travelled to the Rubicon valley by bus, wondering what was waiting for us.
Before we even got there, Curtis needed much medical care.
Tom was cold from the very start, and Nash got blamed for every fart.
Harley lost his toiletry bag, and Lexie enjoyed playing tag.
Cassie was the quiet one, and Molly thought the snow was fun.
Quade preferred to stay dry, and Michael thought he might die.
Haylee, a legend, the only girl to hike, while Jordan went swimming with a bike.
Harry floated in dead cow water, and Miss Schols missed her daughter.
Ryan drank heaps of caffeine, and Kevin was a singing queen.
Jordan C didn't get much sleep, and Maki's last name is Cheep.
Rayan only consumed Up and Go's, and Myles liked to wear no clothes.
Nate killed the dishwashing machine, and Lachie couldn't believe the scene.
Ella took photos at a wedding, which Alex, the bride, was not dreading.
Kelvin got himself locked in, and Will threw his dinner in the bin.
Dusty made a perfect pancake, and Theresia rode around a lake.
April sang songs at karaoke, and Fraser in his wetsuit looked quite jokey.
Nicole had her birthday there, and most of us had messy hair.
Barry went in the river for a swim, and Tea did hurt a limb.
Rylen went for a look in the bush, and Mr. Charleston asked the boys to shush.
Some went and saw a waterfall, and others to a big dam wall.
Lakes, creeks, and rivers too, we all connected just like glue.
Snow and cycling in very cold weather, but we got it done together.
All in all, it was very much fun; however, we were glad when our time was done.



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Around the grounds

STUDENT EXPERIENCES

Group B went up on a bus for one and a half hours, up the hill to the snow. We didn't expect to see much snow but once we actually got there, snow was everywhere we looked! - Theresia

We were told what we were doing for the day, which was cycling. After all the safety stuff we hopped on the bus and went to Lake Eildon and rode till we found a working barbeque. Going up and down hills was fun and very tiring. At our lunch stop we cooked our tosties and ate them. We ran down to where the water had dried up and jumped in, hoping we would not sink! - Alex D



We pushed off into the fast-flowing river. The current was strong, but with some patience, teamwork, and clever use of eddies, we made our way to the centre, where things felt calmer. After stopping for lunch, we reached a rougher section of the river—true white water.

The waves were powerful and soaked us completely, it was exhilarating. At points, our rafts would launch into the air and slam back down,

making it nearly impossible to stop. The intensity came from the speed of the water and how we hit the waves—especially after getting airborne for what felt like a full second. We went through this a few times which got our adrenaline pumping before moving on to a calmer section of the river.

Dylan M

The broccoli was exquisite or as much as it could be for broccoli - Quade

Now for context before I explain this rant that me, Rayan and Harley had, you need context on why we were outside during this, we simply got kicked out of the room everyone else was watching a movie in because we were talking about Cars (the movie). We were outside talking about Cars, the movie we talked about many things that aren't school appropriate, we delved in deep about how on earth certain things worked. The conversation spiralled until Rayan made a Cars oc (original character). Cannot remember what each one was other than big speakers that turned into missiles on the cars butt and glowing rgb lights, spy car with missiles and I think another rgb car. This lasted 3 hours of random topics, the main topics being Cars, HTTYD (How to train your dragon) and another topic which won't be named. We ended up talking about the topics for a long time, asking questions that shouldn't be asked and talking about how those questions could be answered (they cannot be answered and will not be answered). After we all spent the time pacing around outside in the cold and talking about Cars for 3 hours straight, we were told to go to bed. So we did and we never have talked about Cars as extensively again. Haylee B



Around the grounds



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Careers

YEAR 10 WORK EXPERIENCE – REFLECTING ON A VALUABLE WEEK

Last week, our Year 10 students stepped out of the classroom and into the workforce for their first week of Work Experience – and what an incredible week it was!

Our students represented themselves and Nathalia Secondary College with maturity, enthusiasm, and professionalism. It was fantastic to hear such positive feedback from employers and to see our students making the most of this opportunity to explore their interests and future pathways.

For some, the experience confirmed their passion and inspired them to pursue careers in their chosen fields. For others, it was a valuable realisation that their initial industry of interest might not be the right fit – and that's exactly what work experience is all about. It's a chance to try out "a week in the life" and learn more about the working world, regardless of the outcome.

We are proud of how well our Year 10s embraced this challenge and look forward to seeing what opportunities they explore in their second week of work experience in November.

A heartfelt thank you to all of the employers who generously gave their time, knowledge, and support. Work Experience wouldn't be possible without your involvement – and your impact on our students' development is greatly appreciated.

Esther – Nathalia & District Preschool

Jay – Nathalia Community Early Learning Centre

Storm – Goodstart Numurkah

Kyah – Telegraph Hotel Numurkah

Linsey – NCN Health Numurkah

Niki – Primary Care Connect

Declan – Goulburn Valley Libraries

Nathalia

Jazmine – Nathalia Hair & Beauty

Taylah – Nathalia Boarding Kennels & Cattery

Boyd – Remax Doors

Jack – Elders Yarrawonga

Martika – Fur Life Vets Nathalia

Leon – Shepparton Golf Club

Aidan – Port of Echuca

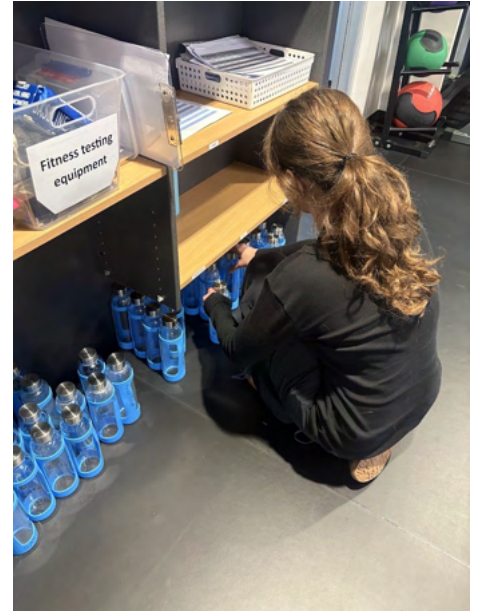
Darcy – BHB Motors

Riley – Ultimate Auto Repairs



Careers

YEAR 10 WORK EXPERIENCE – REFLECTING ON A VALUABLE WEEK



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How to stay healthy over the winter break? Here is an article from the Cancer Council Queensland:

Ward Off The Winter Blues: Five Tips To Stay On Top Of Your Health This Winter

The days are getting shorter and the temperatures are dropping; winter is here.

During the colder months, there is a greater tendency to rug up and stay in the warm indoors and eat comfort foods.

But with it, winter brings an increased chance of illness, so here are some tips to keep away the winter blues!

One, boost your diet. Fill your plate with plenty of seasonal fruits and vegetables so your body has adequate amounts of nutrition and energy, therefore keeping your immune system strong. Vegetables soups or stews are an easy way to get a large quantity of vitamins, minerals and fibre to keep you strong and healthy throughout the season.



Two, stay hydrated. Unlike summer, dehydration is less noticeable during the colder months. It's important to ensure you are still drinking plenty of water each day. Even mild dehydration can lead to headaches, fatigue and problems with concentration. If cold water is too much handle in the cold weather, try mixing it with some boiled water with lemon.



Three, keep exercising. The chilly mornings and evenings can make it easier to rug up and stay indoors, but it's important to maintain regular exercise throughout winter. Make your physical activity social and fun – go for a brisk walk with family or participate in some indoor fitness classes. Regular exercise naturally improves your health and fitness, putting your body in a better position to fight off any potential colds or infections.



Four, sleep well. Studies show that people who don't get enough sleep are more likely to get sick after being exposed to bacteria or viruses, such as the common cold. How much sleep you get also affects how quickly you recover from your sickness. The average adult needs about eight hours of sleep to fully recharge. Set a regular sleep schedule, avoid caffeinated drinks in the afternoon or evening, limit screen-use before bed and ensure your room is a comfortable temperature. Being too cold (or too hot!) can affect your brain's ability to switch off.



Five, consider hygiene and be careful around people. Wash your hands often, especially before you eat and before you touch your eyes, nose or mouth. Carrying an alcohol-based hand sanitiser in your bag can assist with cleaning your hands when you are in a public place. Don't share the same glass, utensils or towels as other, and be careful anyone who has who has as fever, cold or flu.



It is imperative we do all we can to stay healthy this winter, not only for yourself, but also for those who have lower immunity, such as young children, the elderly and those who have health conditions such as cancer. Maintaining a healthy lifestyle is also important for those living with cancer, as it can assist through and after treatment and help with your mental and physical well-being.

NOTICEBOARD

Thrive 4 Life
THERAPY

Thrive 4 Women

Looking for a supportive, nurturing space to share, heal, and connect with others? Thrive 4 Women offers just that! Join us in an inclusive and safe environment where women come together to build resilience, foster empowerment, and create lasting social connections.



8 WEEK WOMEN'S GROUP PROGRAM



EXPLORE

Stress management, self-compassion, and building a support network.



REDISCOVER

Creativity and play, reflect on life values, and set achievable goals.



BENEFIT

From a program tailored to the individual and collective needs of the group.



OUTCOME

You'll leave with practical tools to manage stress and cultivate self-compassion.

WHEN: Tuesday's 9:30am-11:30am. Starts July 29th 2025

WHERE: Thrive 4 Life Clinic. 30 Welsford st, Shepparton

COST: Heavily subsidized - \$10 for the 8 week program

Supported by the Australian Government Department of Social Services.



0429 955 851



referrals@t4ltherapy.com.au

Nathalia Library Holiday Program



Stained Glass Animals

Thursday 10th July, 2:00pm

Bird Flyers (STEAM)

Tuesday 15th July, 11:00am



Bookings essential as places are limited.

Phone 1300 374 765 or email nathalia@gvlibraries.com.au.

Go to gvlibraries.com.au/holidays to find the complete holiday program.

Nathalia Library Holiday Program



Air Dry Clay Workshops



Thursday 17th July

Session 1: 11:00am - 12:00pm

Session 2: 3:00pm - 4:00pm

Bookings essential as places are limited.

Phone 1300 374 765 or email nathalia@gvlibraries.com.au.

Go to gvlibraries.com.au/holidays to find the complete holiday program.

Libraries
Change Lives

75 Blake St, Nathalia

Tel: 1300 374 765

www.gvlibraries.com.au

KATUNGA WINTER

CARNIVAL

LIVE
MUSIC

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FREE ENTRY

JUMPING CASTLES - BIG FREEZE SLIDE - SKILLZONE

FOOD - SLUSHIES - FAIRY FLOSS - RAFFLES

MARKET STALLS - SPINNING WHEEL

GIANT GAMES AND MORE!

For more information or to book a stall contact
Chris Bethell (0409 936 100)





Dates to remember...

Tuesday 1st July

Friday 4th July

Monday 21st July

Tuesday 22nd July

Wednesday 30th July

Friday 1st August

Tuesday 12th August

Thursday 14th August

Tuesday 19th August

Yr7-8 Humanities excursion

Last Day Term 2

2:20pm dismissal

PUPIL FREE DAY

Term 3 commences

5:30-7:30pm Senior School

Information Evening @ SMOTA

VCE Systems Engineering

excursion

4:30—6:30pm Parent Teacher

Interviews

Hands on Trade Day

School Council

AS THE SEASONS TURN, AND
THE WEATHER STARTS TO
COOL, A REMINDER BEANIES
CAN BE PURCHASED FROM
THE OFFICE FOR \$20



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